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Czyżykowa 9 85-449 Bydgoszcz POLAND PERSONAL PROTECTION EQUIPMENT "POSITIONING LANYARD" CONFORMS TO THE STANDARD EN 358, EN 354 INSTRUCTION FOR USE

POLEREG

IMPORTANT POINTS

You have just acquired Personal Protection Equipment (PPE) from INTER JMP International and we thank you for your confidence. In order for this product to meet all your requirements, we ask you BEFORE EACH USE, to follow the instructions in this manual.

Disregarding the instructions described in this manual could give rise to some serious repercussions. We advice that you re-read these instructions from time to time. In addition JMP International declines all responsibility for any use, storage methods or maintenance carried out in any other manner than that described in this manual.

If the buyer is not the end user, it is imortant that these instructions are given to the latter.

Check that the PPE you have acquired is compatible with the recommendations of all other components of the fall arrest system. It is necessary to be completely sure before use that the recommendations specific to each element associated with this product, such as defined in their instructions, are respected.

Whenever possible, it is strongly advised to personally attribute the PPE to an individual user.

While in use, protect your PPE against all risks connected with the work environment: thermal, electrical, or mechanical shocks, acid discharges, etc...

ATTENTION: Activities at height are dangerous and can bring about serious accidents and injuries. We remind that you are personally responsible in the case of an accident, injury or fatality to either yourself or a third party during or following the use of one of our products. It is recommended that training in the use of our products is done under the supervision and instruction of a competent and expierenced person. Ensure that you have been adequately trained in the use of this PPE and make sure that you have fully understood how it works. If there is any doubt, do not take any risks but seek advice.

A good physical condition is obligatory in order to carry out work from a height.

INSTRUCTION FOR USE AND UPKEEP

Follow the instructions of the manufacturer showed on the pictures 2-3.

A ppositioning lanyard is intended for work at hight on posts or other such structures. It allows oneself to be in position and have ones hands free so as to undertake the task in hand. The adjastable lanyard must be used with a belt harness or a work positioning belt. It must not be used to stop falls.

Before use you must check:

THE BELT:

1) Absence of the start of any breakage in the webbing, 2) Absence of any deforming of the ``D`` rings , 3) the smooth working of the bucle, 4) the reliability of teh sewing, 5) the good condition of the metalic elements

THE ADJUSTABLE LANYARD

1)Absence of the start of any breakage in the rope, 2) Absence of any deforming of the thimbles, 3) the reliability of the splice, 4) Absence of any deterioration (tearing, excessive use, burning, etc.) of the rope or the webbing, 5) Absence of any deterioration or use of the connectors, 6) The smooth working of the adjusting devoice, 7)The smooth working of the connectors. IN THE CASE OF DOUBT THE PPE MUST BE REMOVED FROM SERVICE IMMEDIATELY

USE:

- . Buckle the belt around the waist and adjust it.
- Connect the extremity of the adjustable lanyard to one of the 2 "D" rings (the adjustable element can either be connected to the right or left side "D" ring).
- . Pass the positioning lanyard behind the structure (post, trunk etc.) and buckle the second extremity on the other "D" ring.
- . Before climbing, test functioning of the work position system.
- . Check that the geometry of the structure allows the use of a positioning system (structures with small diameters and exposed edges must be prohibited).
- . Adjust the lanyard so as to work comfortably, with bith hands free.
- . In the work position the adjustment of the positioning lanyardmust not allow a free fall of a distance superior to 0,5m. It is necessary to use a belt equipped with a comfort pad when the work position must be maintained for a long time.

Important recomendations:Before each use, it is advisable to carry out an in-depth visual examination in order to assure the integrity of the PPE. Any PPE that has been subjected to a fall must not be used. Never try to modify or repair a piece of PPE yourself; only the manufacturer or a repair centre are able to carry out these rapairs. These instructions must be kept with the product.

IMPORTANT: This PPE must be examined at least once a year by the manufacturer or by a certified person. The check must be recorded on the sheet which can be found in the appendix.

Anchorage point: It is preferable to use an anchorage point situated above the user. If possible use structural anchorage points that conform to the standard EN-795 intended for this purpose. The resistance of the anchorage point must ,in all cases, be superior to 10 KN and : 1)Be situated above the operator, 2)In the vertical axis to the work surface. Maximum angle \pm 0

MAITENANCE AND STORAGE:

The using lifetime of the products is dependent on the frequency and conditions under which it is used (salt, moisture, chemicals, etc.) and the method of storage and transportation (if it is dry and transported in appropriate boxes or bags). The using lifetime of metal products specified by the manufacturer is unlimited. Products with elements of textile or plastic parts after 10 years from the date of using start (this date must be entered in the card user) and not later than 13 years from the production date, must be submitted to the control of the manufacturer or the person / company authorized by the manufacturer to determine the suitability of the product for further use. A product must be retired when: It is over 10 years old and it is made of plastic or textiles after this time has to checked by manufacturer or by the person authorized by the manufacturer for further use. When It has been subjected to a major fall (or load). It fails to pass inspection. You have any doubt as to its reliability. When it becomes obsolete due to changes in legislation, standards, technique, or incompatibility with other equipment. Destroy retired equipment to prevent further use.

Good maitenence and storage of your PPE will prolong the working- life of your product, while ensuring your safety:

- · The positioning lanyard should be cleaned with water and mild soap. Never use acid, solvents or anything based on this.
- The lifetime is depending on fequencey and conditions of using. For determination of life time user have to check product and to evaluete eventual domage according to the previous chapters
- Leave it to dry in a well ventilated area, away from sources of heat. Store the positioning lanyard away from humidity ultraviolet light.
- Avoid any corrosive atmosphere and excessive heat or cold.

CARABINER: Connector conform to the Norm EN 362. When the carabiner is used to fix to an anchorage point, check that the anchorage point: 1) is situated ABOVE the user 2) has a minimum resistance of 10 KN.

AT THE MOMENT OF CONNECTION TO THE CARABINER , CHECK THAT THE LOCKING SYSTEM IS CORRECTLY IN PLACE.

ATTENTION: The carabiner is an essential element for your safety. We therefore recommend that you: 1) attribute the connector to one person in particular, where possible 2) check the carabiner before each use in oder to safeguard against any disortion, any sign of use and to verify the good functioning of the locking system. IN THE SAME WAY, IF THE CARABINER HAS BEEN USED TO STOP FALL, IT IS ESSENTIAL FOR SAFETY REASONS TO RETURN IT FOR CHECKS.

A comformity assessment was performed by Notified body No. 1019, VVUÚ, a.s., Pikartská 1337/7, 716 07 Ostrava-Radvanice, The Czech republic.

